

FOOD ALLERGENS & SENSITIVITIES GUIDE



The Cooper's Hawk Kitchen has many shared components, including preparation areas, utensils, and cooking equipment. While we take precautions to prevent cross-contact with allergens, the possibility exists and **we cannot guarantee that any food item is allergen-free**. The dots indicate when an allergen is present in a dish. Items designated with an asterisk (*) either are cooked or have an ingredient that is cooked in a fryer, making them potentially subject to cross-contact with the allergens listed below, excluding tree nuts and peanuts.

Please inform your server of your allergy for guidance.

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
APPETIZERS											
Asian Ahi Tuna Sashimi
Sweet Chili Calamari*
Chicken Potstickers*
Classic Tomato Bruschetta
Crispy Brussels Sprouts*
Drunken Shrimp*
House-Made Meatballs
Over the Border Egg Rolls*
Thai Lettuce Wraps*
Candied Bacon & Artisan Cheese Plate
FLATBREAD											
Caprese
Italian Sausage & Whipped Burrata
Roasted Vegetable & Goat Cheese
APPETIZER SALADS											
Caesar
Chopped Wedge
Plain Ol' House
SOUP (CUP & BOWL)											
Tortilla / Vegetarian Tortilla*
Crab, Shrimp & Lobster Bisque
VEGETARIAN ENTRÉES											
Roasted Vegetable Enchiladas*
Gnocchi with Roasted Butternut Squash*
Sweet Corn & Tomato Risotto
SALADS											
BBQ Ranch Chicken*
Blackened Bleu Skirt Steak
Cooper's Hawk Chicken Caesar
Crispy Asian Sesame Chicken*
Napa Chicken

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
SALAD DRESSINGS											
BBQ Ranch
Balsamic Vinaigrette
Bleu Cheese
Caesar Pesto
Honey Mustard Vinaigrette
House Italian
Ranch
Sesame Ginger
STEAK & CHOPS											
Pretzel-Crusted Pork Chops*
Filet Mignon*
Prime Churrasco Grilled Steak*
Red Wine Braised Short Ribs*
Trio of Medallions
SEAFOOD											
Blackened Ahi Tuna*
Jambalaya
Pistachio-Crusted Grouper
Soy Ginger Atlantic Salmon*
Parmesan-Crusted Mahi Mahi
CHICKEN											
Chicken Madeira
Cooper's Hawk Chicken Giardiniera
Dana's Parmesan-Crusted Chicken
Ellie's Chicken Piccata
PASTA											
Country Rigatoni
Gnocchi Carbonara
Gnocchi Alla Vodka
Keaton's Spaghetti & House-Made Meatballs
Baked Parmesan Shrimp Scampi

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
RISOTTO											
Roasted Chicken*	.	.								.	
Braised Short Rib	
Shrimp & Scallop	
SIDES											
Asian Slaw*
Asparagus	.	.								.	
Betty's Potatoes	
French Fries & Ketchup*			.							.	
Fruit											
Garlic Spinach	.									.	
Garlic Green Beans	.	.								.	
Grilled Broccoli	.	.								.	
Mary's Potatoes	.										
Oven-Roasted Vegetables	.									.	
Pretzel Bread	.	.						.			
Roasted Broccolini	.	.								.	
Wasabi-Buttered Mashed Potatoes	.										
Side Salad	.	.								.	
BURGERS & SANDWICHES											
Bleu Cheese & Crispy Onion Burger*
Cilantro Ranch Chicken Sandwich
Classic Cheeseburger*	
Grilled Mahi Sandwich	
The Leonard Burger	
The Prime
Turkey Burger	
LUNCH-SIZED ENTRÉES											
Pretzel-Crusted Pork Chop*	
Chicken Madeira	
Cooper's Hawk Chicken Giardiniera	
Dana's Parmesan-Crusted Chicken
Ellie's Chicken Piccata	
Gnocchi Carbonara	
Keaton's Spaghetti & House-Made Meatballs	
Soy Ginger Atlantic Salmon*
Gnocchi with Roasted Butternut Squash*	
WINE O'CLOCK MENU											
Four Cheese Truffle Arancini*	
Shaved Prime Sliders
Smoked Salmon Spread	
Burrata Bruschetta	
Crispy Tempura Shrimp*
CHEF RECOMMENDATIONS MENU											
Sweet & Crunchy Shrimp*
Prime Carne Asada Tacos & Tortilla Soup*	
Ginger Spiced Carrot Cake	
Miso Glazed Chilean Sea Bass

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
BRUNCH MENU											
Salted Caramel Doughnuts			
Crème Brûlée French Toast*			
Smoked Brisket Hash*	
Cooper's Hawk Chilaquiles*	
Jammy Eggs & Avocado Toast
Smoked Salmon Toast	
Breakfast Gnocchi Carbonara	
Eggs Any Way*	
Sunrise Breakfast*	
House Maple Sausage											
Applewood Smoked Bacon										.	
Candied Bacon										.	
Breakfast Potatoes*	.	.								.	
Sourdough Toast & Strawberry Jam	.							.			
LIFE BALANCE											
LB Asian Ahi Tuna Sashimi (<i>appetizer</i>)	
LB Chicken Potstickers (<i>appetizer</i>)
LB House Salad (<i>appetizer</i>)	
LB BBQ Ranch Chicken Salad
LB Blackened Ahi Tuna
LB Grilled Tenderloin Medallions	
LB The Life Balance Burger
LB Seared Atlantic Salmon	
LB Roasted Chicken Giardiniera	
LB Turkey Burger	
KIDS MENU											
Cheeseburger / Hamburger	
Chicken Potstickers		
Chicken Tenders*
Mac & Cheese	
Flatbread Cheese Pizza	
Junior Filet Medallions	
Keaton's Spaghetti & House-Made Meatballs	
Parmesan Chicken with Angel Hair Marinara	
Soy Ginger Atlantic Salmon	
Vanilla Ice Cream	.	.									
Buttered Noodles	
DESSERTS											
Cooper's Hawk Chocolate Cake	
Key Lime Pie	
Reese's Ice Cream Cookie	
Salted Caramel Crème Brûlée	.	.									
Banoffee Pie	
S'more Budino	
Flourless Chocolate Torte	.	.	.								
Wine & Chocolates	
Chocolate Truffle	.	.	.								