

FOOD ALLERGENS & SENSITIVITIES GUIDE



The Cooper's Hawk Kitchen has many shared components, including preparation areas, utensils, and cooking equipment. While we take precautions to prevent cross-contact with allergens, the possibility exists and **we cannot guarantee that any food item is allergen-free**. The dots indicate when an allergen is present in a dish. Items designated with an asterisk (*) either are cooked or have an ingredient that is cooked in a fryer, making them potentially subject to cross-contact with the allergens listed below, excluding tree nuts and peanuts.

Please inform your server of your allergy for guidance.

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
APPETIZERS											
Asian Ahi Tuna Sashimi
Sweet Chili Calamari*
Chicken Potstickers*
Classic Tomato Bruschetta
Crispy Brussels Sprouts*
Drunken Shrimp*
House-Made Meatballs
Over the Border Egg Rolls*
Thai Lettuce Wraps*
Candied Bacon & Artisan Cheese Plate
FLATBREAD											
Caprese
Italian Sausage & Whipped Burrata
Roasted Vegetable & Goat Cheese
APPETIZER SALADS											
Caesar
Chopped Wedge
Plain Ol' House
SOUP (CUP & BOWL)											
Tortilla / Vegetarian Tortilla*
Crab, Shrimp & Lobster Bisque
VEGETARIAN ENTRÉES											
Roasted Vegetable Enchiladas*
Gnocchi with Roasted Butternut Squash*
Sweet Corn & Tomato Risotto
SALADS											
BBQ Ranch Chicken*
Blackened Bleu Skirt Steak
Cooper's Hawk Chicken Caesar
Crispy Asian Sesame Chicken*
Napa Chicken

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
SALAD DRESSINGS											
BBQ Ranch
Balsamic Vinaigrette
Bleu Cheese
Caesar Pesto
Honey Mustard Vinaigrette
House Italian
Ranch
Sesame Ginger
STEAK & CHOPS											
Pretzel-Crusted Pork Chops*
Filet Mignon*
Prime Churrasco Grilled Steak*
Red Wine Braised Short Ribs*
Trio of Medallions
SEAFOOD											
Blackened Ahi Tuna*
Jambalaya
Pistachio-Crusted Grouper
Soy Ginger Atlantic Salmon*
Parmesan-Crusted Mahi Mahi
CHICKEN											
Chicken Madeira
Cooper's Hawk Chicken Giardiniera
Dana's Parmesan-Crusted Chicken
Ellie's Chicken Piccata
PASTA											
Country Rigatoni
Gnocchi Carbonara
Gnocchi Alla Vodka
Keaton's Spaghetti & House-Made Meatballs
Baked Parmesan Shrimp Scampi

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
RISOTTO											
Roasted Chicken*
Braised Short Rib
Shrimp & Scallop
SIDES											
Asian Slaw*
Asparagus
Betty's Potatoes
French Fries & Ketchup*
Fruit
Garlic Spinach
Garlic Green Beans
Grilled Broccoli
Mary's Potatoes
Oven-Roasted Vegetables
Pretzel Bread
Roasted Broccolini
Wasabi-Buttered Mashed Potatoes
Side Salad
BURGERS & SANDWICHES											
Bleu Cheese & Crispy Onion Burger*
Cilantro Ranch Chicken Sandwich
Classic Cheeseburger*
Grilled Mahi Sandwich
The Leonard Burger
The Prime
Turkey Burger
LUNCH-SIZED ENTRÉES											
Pretzel-Crusted Pork Chop*
Chicken Madeira
Cooper's Hawk Chicken Giardiniera
Dana's Parmesan-Crusted Chicken
Ellie's Chicken Piccata
Gnocchi Carbonara
Keaton's Spaghetti & House-Made Meatballs
Soy Ginger Atlantic Salmon*
Gnocchi with Roasted Butternut Squash*
WINE O'CLOCK MENU											
Four Cheese Truffle Arancini*
Shaved Prime Sliders
Smoked Salmon Spread
Burrata Bruschetta
Crispy Tempura Shrimp*
CHEF RECOMMENDATIONS MENU											
Three Cheese & Italian Sausage Arancini*
Sonoma Chicken Sandwich
Brown Butter-Roasted Scallops
Milk Chocolate Crèmeux

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
BRUNCH MENU											
Salted Caramel Doughnuts
Crème Brûlée French Toast*
Smoked Brisket Hash*
Cooper's Hawk Chilaquiles*
Jammy Eggs & Avocado Toast
Smoked Salmon Toast
Breakfast Gnocchi Carbonara
Eggs Any Way*
Sunrise Breakfast*
House Maple Sausage
Applewood Smoked Bacon
Candied Bacon
Breakfast Potatoes*
Sourdough Toast & Strawberry Jam
LIFE BALANCE											
LB Asian Ahi Tuna Sashimi (<i>appetizer</i>)
LB Chicken Potstickers (<i>appetizer</i>)
LB House Salad (<i>appetizer</i>)
LB BBQ Ranch Chicken Salad
LB Blackened Ahi Tuna
LB Grilled Tenderloin Medallions
LB The Life Balance Burger
LB Seared Atlantic Salmon
LB Roasted Chicken Giardiniera
LB Turkey Burger
KIDS MENU											
Cheeseburger / Hamburger
Chicken Potstickers
Chicken Tenders*
Mac & Cheese
Flatbread Cheese Pizza
Junior Filet Medallions
Keaton's Spaghetti & House-Made Meatballs
Parmesan Chicken with Angel Hair Marinara
Soy Ginger Atlantic Salmon
Vanilla Ice Cream
Buttered Noodles
DESSERTS											
Cooper's Hawk Chocolate Cake
Key Lime Pie
Reese's Ice Cream Cookie
Salted Caramel Crème Brûlée
Banoffee Pie
S'more Budino
Flourless Chocolate Torte
Wine & Chocolates
Chocolate Truffle