GLUTEN FREE MENU

FOOD ALLERGENS & SENSITIVITIES GUIDE

COOPER'S HAWK WINERY & RESTAURANTS

The Cooper's Hawk Kitchen has many shared components, including preparation areas, utensils, and cooking equipment. While we take precautions to prevent cross-contact with allergens, the possibility exists and **we cannot guarantee that any food item is allergen-free**. The dots indicate when an allergen is present in a dish. Items designated with an asterisk (*) either are cooked or have an ingredient that is cooked in a fryer, making them potentially subject to cross-contact with the allergens listed below, excluding tree nuts and peanuts.

Please inform your server of your allergy for guidance.

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
APPETIZERS											
Asian Ahi Tuna Sashimi	•		•			•			•	•	
Caesar Salad	•	•				•				•	
Chopped Wedge Salad	•	•				•				•	
Drunken Shrimp	•					•	•		•	•	
Plain Ol' House Salad											
Thai Lettuce Wraps		•	•	•	•	•	•		•	•	•
Crispy Brussels Sprouts*		•		•		•			•	•	
Classic Tomato Bruschetta	•	•	•							•	
SOUPS											
Tortilla / Vegetarian Tortilla*	•	•	•							•	
SALADS											
BBQ Ranch Chicken*	•	•	•							•	•
Blackened Bleu Skirt Steak	•	•				•				•	
Cooper's Hawk Chicken Caesar	•	•				•				•	
Napa Chicken	•	•		•						•	
PASTA & RISOTTO											
Gnocchi Carbonara	•									•	
Country Gnocchi	•		•							•	
Gnocchi Alla Vodka	•									•	
Braised Short Rib	•		•							•	
Roasted Chicken	•									•	
Shrimp & Scallop	•					•	•			•	
SEAFOOD											
Blackened Ahi Tuna	•	•	•			•			•	•	•
Broiled Fillet of Grouper	•	•				•	•			•	
Soy Ginger Atlantic Salmon	•	•	•			•			•	•	•
BEEF & PORK											
Prime Churrasco Grilled Steak*	•	•	•							•	•
Filet Mignon	•	•	•							•	
Grilled Tenderloin Medallions	•	•	•							•	
Red Wine Braised Short Ribs	•		•			•	•				

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
CHICKEN											
Chicken Madeira	•	•	•							•	
Chicken Giardiniera	•	•								•	
Dana's Parmesan-Crusted Chicken	•	•					•			•	
Ellie's Chicken Piccata	•	•				•				•	
VEGETARIAN											
Gnocchi with Roasted Butternut Squash	•									•	
Sweet Corn & Tomato	•									•	
LIFE BALANCE											
LB Asian Ahi Tuna Sashimi *(appetizer)*	•		•			•			•	•	
LB Plain Ol' House Salad *(appetizer)*	•	•								•	
LB BBQ Ranch Chicken Salad	•	•	•							•	•
LB Grilled Tenderloin Medallions	•	•	•							•	•
LB Lemon-Herb Glazed Salmon	•	•	•			•	•			•	
LB Blackened Ahi Tuna	•	•	•			•			•	•	•
BURGERS & SANDWICHES											
Bleu Cheeseburger	•	•	•			•				•	•
Cilantro Ranch Chicken Sandwich	•	•	•							•	•
Classic Cheeseburger	•	•	•							•	
The Leonard Burger	•	•	•							•	
Chicken Burger	•	•	•							•	
Grilled Mahi Sandwich	•	•	•			•				•	
The Prime	•	•	•			•				•	•
LUNCH-SIZED ENTRÉES											
Chicken Madeira	•	•	•							•	
Tim's Favorite Chicken Giardiniera	•	•								•	
Dana's Parmesan-Crusted Chicken	•	•					•			•	
Ellie's Chicken Piccata	•	•				•				•	
Soy Ginger Atlantic Salmon	•	•	•			•			•	•	•
Gnocchi Carbonara	•									•	
Gnocchi Alla Vodka	•									•	
Gnocchi with Roasted Butternut Squash	•									•	

CONTINUED ON BACK

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
WINE O'CLOCK MENU											
Smoked Salmon Spread	•	•	•			•			•	•	
BRUNCH MENU											
Cooper's Hawk Steak & Eggs*	•	•	•				•			•	
Sunrise Breakfast*	•	•								•	
House Maple Sausage											
Applewood Smoked Bacon										•	
Breakfast Potatoes*	•	•								•	
Sourdough Toast & Strawberry Jam	•	•	•								
Eggs Any Way*	•	•								•	
Smoked Brisket Hash*	•	•	•						•	•	
SIGNATURE SIDES											
Asparagus	•	•								•	
Garlic Green Beans	•	•								•	
Gluten-Free Bread	•	•	•								
Grilled Broccoli	•	•								•	
Mary's Potatoes	•										
Oven-Roasted Vegetables	•									•	
Roasted Broccolini	•	•								•	
Wasabi-Buttered Mashed Potatoes	•										
Asian Slaw		•	•						•	•	•
Candied Bacon										•	
Fingerling Potato & French Onion Gratin	•	•	•							•	•
DESSERTS											
Flourless Chocolate Torte	•	•	•								
Salted Caramel Crème Brûlée	•	•									
S'more Budino	•	•									
House-Made Truffles	•		•								
Wine & Chocolate	•		•								
KIDS MENU											
Cheeseburger / Hamburger	•	•	•							•	
Junior Filet Medallions	•		•							•	
Vanilla Ice Cream	•	•									
Soy Ginger Atlantic Salmon	•	•	•			•			•	•	•
Parmesan Chicken Marinara	•	•									
CHEF REC											
Pineapple Upside-Down Mochi Cake	•	•	•	•							