

The Cooper's Hawk Kitchen has many shared components, including preparation areas, utensils, and cooking equipment. While we take precautions to prevent cross-contact with allergens, the possibility exists and **we cannot guarantee that any food item is allergen-free.**

The dots indicate when an allergen is present in a dish. Items designated with an asterisk (*) either are cooked or have an ingredient that is cooked in a fryer, making them potentially subject to cross-contact with the allergens listed below.

Please inform your server of your allergy for guidance.

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
APPETIZERS											
Asian Ahi Tuna Sashimi	•		•			•		•	•	•	
Sweet Chili Calamari	•	•	•			•	•	•	•	•	•
Chicken Potstickers*		•	•			•		•	•	•	•
Classic Tomato Bruschetta	•							•		•	
Crispy Brussels Sprouts*		•		•		•		•	•	•	
Drunken Shrimp*	•					•	•	•	•	•	
House-Made Meatballs	•	•	•					•		•	
Over the Border Egg Rolls*	•	•	•	•				•	•	•	•
Thai Lettuce Wraps*		•	•	•	•	•	•	•	•	•	•
Candied Bacon & Artisan Cheese Plate	•			•				•		•	
FLATBREAD											
Caprese	•							•		•	
Italian Sausage & Whipped Burrata	•							•		•	
Roasted Vegetable & Goat Cheese	•							•		•	
APPETIZER SALADS											
Caesar	•	•	•			•		•		•	
Chopped Wedge	•	•				•		•		•	
Plain Ol' House	•		•					•		•	
SOUP (CUP & BOWL)											
Tortilla / Vegetarian Tortilla*	•	•	•					•		•	
Crab, Shrimp & Lobster Bisque	•		•			•	•	•		•	
VEGETARIAN ENTRÉES											
Roasted Vegetable Enchiladas	•	•	•					•	•	•	
Gnocchi with Roasted Butternut Squash	•	•						•		•	
Sweet Corn & Tomato Risotto	•							•		•	
SALADS											
BBQ Ranch Chicken*	•	•	•					•		•	•
Blackened Bleu Skirt Steak	•	•				•		•		•	
Cooper's Hawk Chicken Caesar	•	•	•			•		•		•	
Crispy Asian Sesame Chicken		•	•	•	•			•	•	•	•
Napa Chicken	•	•		•				•		•	

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
SALAD DRESSINGS											
BBQ Ranch	•	•	•							•	•
Balsamic Vinaigrette										•	
Bleu Cheese	•	•				•				•	
Caesar Pesto	•	•				•				•	
Honey Mustard Vinaigrette		•								•	
House Italian	•	•								•	
Ranch	•	•	•							•	•
Sesame Ginger		•	•						•	•	•
STEAK & CHOPS											
Pretzel-Crusted Pork Chops*	•	•	•					•		•	
Filet Mignon*	•	•	•					•		•	
Prime Churrasco Grilled Steak*	•	•	•					•		•	
Red Wine Braised Short Ribs*	•	•				•	•	•		•	
Trio of Medallions	•	•	•					•		•	
SEAFOOD											
Blackened Ahi Tuna*	•	•	•			•		•	•	•	•
Fish & Chips*	•	•	•			•		•	•	•	•
Jambalaya	•		•			•	•	•		•	
Pan-Roasted Mahi Mahi <i>(tree nut allergy is coconut only)</i>	•		•			•	•	•		•	
Pistachio-Crusted Grouper	•	•	•			•	•	•		•	
Soy Ginger Atlantic Salmon*	•	•	•			•		•	•	•	•
Parmesan-Crusted Mahi Mahi	•	•	•			•	•	•		•	
CHICKEN											
Chicken Madeira	•	•	•					•		•	
Cooper's Hawk Chicken Giardiniera	•	•	•					•		•	
Dana's Parmesan-Crusted Chicken	•	•	•					•	•	•	•
Ellie's Chicken Piccata	•					•		•		•	
PASTA											
Country Rigatoni	•	•	•					•		•	
Gnocchi Carbonara	•	•						•		•	
Keaton's Spaghetti & House-Made Meatballs	•	•	•					•		•	
Baked Parmesan Shrimp Scampi	•	•	•	•		•	•	•		•	

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	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
RISOTTO											
Roasted Chicken*	•									•	
Braised Short Rib	•									•	
Shrimp & Scallop	•					•	•			•	
SIDES											
Asian Slaw*		•	•					•	•	•	•
Asparagus	•	•								•	
Betty's Potatoes	•		•					•			•
French Fries & Ketchup*			•					•		•	
Fruit											
Garlic Spinach	•							•		•	
Garlic Green Beans	•	•						•		•	
Grilled Broccoli	•	•								•	
Mary's Potatoes	•										
Oven-Roasted Vegetables	•									•	
Pretzel Bread	•		•					•			
Roasted Broccolini	•	•								•	
Wasabi-Buttered Mashed Potatoes	•										
Side Salad	•	•						•		•	
BURGERS & SANDWICHES											
Bleu Cheese & Crispy Onion Burger*	•	•	•			•		•		•	•
Cilantro Ranch Chicken Sandwich	•	•	•					•		•	•
Classic Cheeseburger*	•	•	•					•		•	
Crispy Buttermilk Chicken Sandwich*	•	•	•					•	•	•	•
Crispy Fish Sandwich*	•	•	•			•		•	•	•	•
The Leonard Burger	•	•	•					•		•	
The Prime	•	•	•			•		•		•	•
Turkey Burger	•	•	•					•		•	
LUNCH-SIZED ENTRÉES											
Pretzel-Crusted Pork Chop*	•	•	•					•		•	
Chicken Madeira	•	•	•					•		•	
Cooper's Hawk Chicken Giardiniera	•	•	•					•		•	
Dana's Parmesan-Crusted Chicken	•	•	•				•	•		•	•
Ellie's Chicken Piccata	•	•				•		•		•	
Gnocchi Carbonara	•	•						•		•	
Keaton's Spaghetti & House-Made Meatballs	•	•	•					•		•	
Soy Ginger Atlantic Salmon*	•	•	•			•		•	•	•	•
Gnocchi with Roasted Butternut Squash	•	•						•		•	

	DAIRY	EGG	SOY	TREE NUT	PEANUT	FISH	SHELLFISH	WHEAT	SESAME	GARLIC	MSG
LIFE BALANCE											
LB Asian Ahi Tuna Sashimi (<i>appetizer</i>)	•	•				•		•	•	•	
LB Chicken Potstickers (<i>appetizer</i>)		•	•			•		•	•	•	•
LB House Salad (<i>appetizer</i>)	•	•	•					•		•	
LB BBQ Ranch Chicken Salad	•	•	•					•		•	•
LB Blackened Ahi Tuna	•	•	•			•		•	•	•	•
LB Grilled Tenderloin Medallions	•	•	•					•		•	
LB The Life Balance Burger	•	•	•					•	•	•	•
LB Seared Atlantic Salmon	•	•				•		•		•	
LB Roasted Chicken Giardiniera	•	•						•		•	
LB Pan-Roasted Mahi Mahi <i>(tree nut allergy is coconut only)</i>	•	•	•	•		•	•	•		•	
LB Turkey Burger	•	•	•					•		•	
DESSERTS											
Cooper's Hawk Chocolate Cake	•	•		•				•			
Key Lime Pie	•	•	•					•			
Reese's Ice Cream Cookie	•	•	•		•			•			
Salted Caramel Crème Brûlée	•	•									
Banoffee Pie	•	•	•					•			
S'more Budino	•	•	•					•			
Flourless Chocolate Torte	•	•	•								
Wine & Chocolates	•	•	•					•			
Chocolate Truffle	•	•	•					•			
KIDS MENU											
Cheeseburger / Hamburger	•	•	•					•		•	
Chicken Potstickers			•			•		•	•	•	•
Chicken Tenders*	•	•	•					•		•	•
Mac & Cheese	•	•						•		•	
Flatbread Cheese Pizza	•							•		•	
Junior Filet Medallions	•	•	•					•		•	
Keaton's Spaghetti & House-Made Meatballs	•	•	•					•		•	
Parmesan Chicken with Angel Hair Marinara	•	•	•					•		•	
Soy Ginger Atlantic Salmon*	•	•	•			•		•			
Vanilla Ice Cream	•	•									

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